

Name:

I take the MAOI:

In case of
emergency,
please contact:

Treatment card for persons taking Monoamine Oxidase Inhibitors

Carry this card with you all the time, in a wallet, purse, or handbag, where it is likely to be found in case of emergency. Show it to any doctor or dentist who may treat you other than the doctor who prescribed this medicine, and to your dentist if you require dental treatment.

Read the following carefully:

While taking this medicine, and for 10 days after stopping taking it, you must follow these instructions:

1. Do not eat CHEESE, PICKLED HERRING or BROAD BEAN PODS.
2. Do not eat or drink BOVRIL, OXO, MARMITE or ANY SIMILAR MEAT OR YEAST EXTRACT.
3. Do not take ANY OTHER MEDICINES (including tablets, capsules, nose drops, inhalations or suppositories) whether bought by you or prescribed by your doctor, without first consulting your doctor or your pharmacist. Note: Treatments for coughs and colds, pain relievers and tonics are medicines.
4. Drink ALCOHOL only in moderation, and avoid CHIANTI WINE completely.
5. Notify your surgeon, anaesthetist or dentist well before requiring any treatment which may require an anaesthetic.

Report any severe symptoms to your doctor and follow any other advice given by him.

Adapted from: MAOI: Prepared by the pharmaceutical Society and the British Medical Association on behalf of the Health Departments of the United Kingdom.